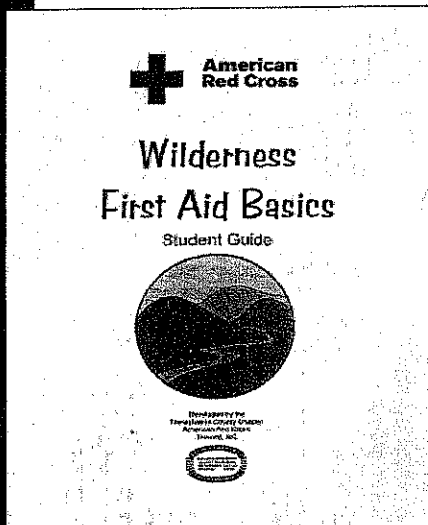


*The First Choice for those who
work, live or play in remote areas –
away from the usual EMS service*



Together, we can save a life

Wilderness First Aid



Course Outline

- Types of Delayed-help Situations
- Emergency Action Steps – Check, Call, Care – in these situations
- Checking the scene, patient, and resources
- Contacting help
- Caring for the patient long term
- Patient assessment and Record
- Preventing Disease Transmission
- Prioritizing Care
- Treatment of injuries such as:
 1. Wounds
 2. Head and Spinal Injuries
 3. Extremity Injuries
 4. Abdominal Injuries
 5. Sudden Illnesses
 6. Major Bites and Stings
 7. Other types of backcountry miseries
- Carrying Out the Plan
- Deciding to Evacuate

The Wilderness First Aid Basics program to meet the requirements for organizations based in the Southern Appalachian Mountains, but is a good basic course in backcountry emergency response for almost any location. This 20 hour course is for those who work, live or play in remote areas – away from the usual EMS service. Even though the emergency workers near these areas may be trained to search for and rescue those in need, there may be a delay in the notification of assistance, the time required to get to the patient, or in moving the patient to more advanced treatment.

This class covers assessment and urgent first aid techniques, but not in-depth CPR. Basic first aid skills are covered, making this course appropriate for anyone regardless of experience level. No prerequisites are required. A certification can be issued that has an expiration of 3 years and serves as a Basic First Aid certification as well. A minimum age of 15 is recommended for participants due to the serious nature of the course and scenarios.

The types of activities and persons needing more advanced training in first aid could be:

- Hikers and Backpackers
- Scouting leaders and older scouts
- Kayakers and canoers
- Farm workers
- Utility workers in remote areas
- Forest Rangers
- Law enforcement and rescue crews
- Disaster Situations

Meets ECC 2005 Guidelines

Meets Philmont Trek Leader Qualifications

Superior Quality

Flexible Training options

Total of 20 hours for certification.

Course dates Friday, January 25, 2008; 6:00 p.m. to 10:00 p.m. and Saturday and Sunday, January 26 & 27, from 8:00 a.m. to 6:00 p.m. at the William Lyons Home Center for Scouting; 1211 Dyer Road; Santa Ana. Cost: \$150.00 *Prepaid by December 1, 2007 & \$175 by January 11, 2008.* Contact Joe Aschenbrenner (714) 546-4990, Ext. 102.

